

# The CAT Tales

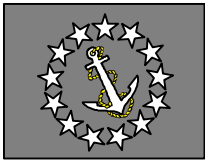
February 2009



Newsletter  
of the  
Chesapeake  
Catalina  
Yacht  
Club

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Web Site: [www.SailCCYC.org](http://www.SailCCYC.org)



**View from the Bridge**  
**Jon Van Tassell, Commodore**

*All the leaves are brown and the sky is gray.  
I've been for a walk, on a winter's day.  
I'd be safe and warm if it was May  
CCYC dreamin' on such a winter's day*

I pulled my scarf closer to my neck and bent my head against the wind. I bravely made my way to the mailbox hoping-against-hope that the January 2009 Cat Tales would be my reward. YES! Mike Davis had worked his magic again.

Over a cup of Sailor's Grog (OK, it was Marilyn's hot chocolate), I voraciously read my CAT Tales and then not feeling satiated, I opened the CCYC Web Site and there it was: CCYC's Proposed 2009 Schedule. [POINT: You too can be CCYC dreamin']

Visit the CCYC Web Site: <http://www.sailccyc.org/>. I encourage you to comment on the schedule and volunteer to be a Raft Captain. Remember you do not have to be the anchor boat to be Raft Captain.

Marylyn and I look forward to seeing all of you at the February Loft-Talk.

*Mike's good vibrations and our imaginations  
Can't go on indefinitely  
And CCYC dreamin' is becomin' a reality.*

OPPS, Marilyn says: "Jon, that's a different song!"

*Well -- Commodore's license, I say to Marilyn as I hit the shut down key.*

(Fade to black) ☞

## **February Member Meeting** **Doyle Sail Works / The Rockfish** **Eastport, MD, February 21st**

**Bob Klimek and Lucia Casale, Lucia**

The plan is to assemble at Doyle Chesapeake Sailmakers at 2:30 PM. The Doyle loft is roomy, so there will be sufficient seating for a good group. Doyle will provide snacks and beverages. Chuck O'Malley is set to present various topics of sail trim, repair, maintenance, and handling systems.

After the Doyle presentation, we will migrate down the street to The Rockfish restaurant at 5:00, have happy hour from 5:00-6:00 and sit for dinner at 6:00. We will have dinner in our own area. Everyone can order from the prix fixe event menu (\$34) and pay with separate checks.

Please RSVP by February 18<sup>th</sup> so we will have an idea of the number of attendees, particularly for dinner. You can use the form on the website or call 301.888.2309.

Doyle Chesapeake  
222 Severn Avenue  
410.263.4840

The Rockfish  
400 6th Street  
410-216-6206

There are several places to park near Doyle and The Rockfish. Since The Rockfish has its own parking lot, we recommend you park there and walk the four blocks to Doyle's location. ☞

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## CCYC Asian Cookout and Game Night Lohman Landing, January 31<sup>st</sup>

Al and Vicky Lohman, *Rhiannon*

Vicky and Al Lohman hosted their fourth annual game night at their home. The crews from 18 boats were on hand:

- ☞ Vicky and Al Lohman, *Rhiannon*
- ☞ Arlene and Kevin Prescott, *Frisky Business*
- ☞ Betty and John McElderry, *Andiamo*
- ☞ Bev and Mike Davis, *Ayewash*
- ☞ Connie and Ed Dooley, *Surprise*
- ☞ Debbie Smith and Mike Vacarro, *Resolve*
- ☞ Diane Benyus and Richard Schatz, *Scimitar*
- ☞ Jaye Sampson and David Dobbins, *Scarlett*
- ☞ Jeanne and Lawrence Bond, *At Last*
- ☞ Jon Jones, *Wind Orchid*
- ☞ Kathy and Pete Bruzik, *Pekabu III*
- ☞ Kim Wolkins and Bryan Armentrout, *Eos*
- ☞ Lynne and Ray Van Horn, *Scimitar*
- ☞ Marie and Mike Yates, *Prego*
- ☞ Maureen and Glen Nemecek, *Sevilla*
- ☞ Pat and David Marchant, *Illumination*
- ☞ Suzanne and Jim Bergeron, *Quebecois*
- ☞ Sherma and Max Munger, *Shermax*

There was lots of food, all of it good! After sampling a bit of it all, everyone settled in at a game and begin playing Wii bowling, Wits and Wagers, iMAgiNiff and Pictionary. Check out the photos on our website! ☞

## Food Glorious Food!

Marie Yates, *Prego*

Happy 2009 to all! Here's one of my all time K.I.S.S. recipes. I'm sure you will love it. ( For those of you who forgot what that means... "keep it simple sailor".)

### Prawns with White Beans (Gameroni E Fagioli)

- ☞ 1 cup cannellini (dry white beans)
- ☞ 1 ¼ lbs prawns
- ☞ 2 tomatoes, skinned, seeded, chopped
- ☞ 6 fresh basil leaves, chopped coarsely
- ☞ ½ cup real good olive oil
- ☞ Salt and pepper

1. Rinse the dry beans several times; cook in salted water on simmer until tender (about 2-1/2 hours). Drain and reserve.
2. Drop the prawns into a saucepan of boiling salted water. Cook 3 minutes.
3. Shell the prawns as soon as they have cooled enough to touch.
4. Combine the prawns with the drained beans, tomatoes and basil. Toss with olive oil and season lightly with salt and pepper. Serve warm.

Alternate: Use a can of beans and eliminate the first step. Add crushed garlic if desired. ☞

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## Over The Transom

Bob Klimek and Lucia Casale

*(The phrase "Over the Transom" is somewhat archaic now. At one time it referred to how manuscript submissions were offered to a publisher. The writer would shove his petty piece through the small window over the publisher's door. Then the writer would slink away before anybody caught him in the act. In a nautical context, that is exactly what I intend to do: gather information about CCYC Members that is figuratively thrown "over the*

*transom", present it here and slink away. If you catch me in the act and want to make a comment, please feel free to do so – Bob Klimek)*

Our Vice Commodore MIKE VACCARO (S/V *Resolve*) will attend his parents' 60<sup>th</sup> wedding anniversary – Yes! 60<sup>th</sup>! With such genes, I think Mike will be sailing with CCYC for many, many more years. Mike will spend a week in Stamford, CT. Then he and Debbie are off to a long “getaway” weekend in Ocean City. Mike calls it “off-season solitude” before beginning *Resolve*'s spring project list. This just in: MIKE VACCARO is going to donate one of *Resolve*'s sails for the February CCYC on-shore raft-up at Doyle's Sail Loft. Don't miss Chuck O'Malley's demonstration of sail care dos and don'ts.

RICHARD SCHATZ AND DIANE BENYUS (S/V *Scimitar*) have been staying on the move at various venues in the US, but will probably sneak away to Paris (another honeymoon?) to visit a friend if airfares become a little more attractive.

Last but not least our former Commodore (2006) PETE and KATHY BRUZIK (S/V *Pekabu III*) [PEteKathyBUuzik – we should all be so clever in naming our boats] will soon be heading west, WAY WEST – LIKE HAWAII! After a leisurely trip through the Canal PETE AND KATHY expect to reach Hawaii by June. JUST JOKING. They will fly to Hawaii and then board an Island Hoping cruise ship for seven days. Take lots of pictures so we can all be with you vicariously.

90 days and counting until CCYC's Ice Breaker Raft-up! ☺

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## Winch Maintenance

### Mike Vaccaro – Vice Commodore

Since we acquired *Resolve* at the start of the 2008 sailing season, Debbie and I concentrated on learning how she liked to sail and becoming proficient at backing her into our slip in Mill Creek. Now that it is winter, we have been doing a number

of the things on the To-Do list that we compiled last summer.

One chore was to do the recommended maintenance on each of our 4 winches. Toward the end of the season, we felt them become harder and harder to turn by hand and decided to tackle this job before spring.

Our Catalina 42 has 4 winches. 2 - #40 self-tailers on the cabin top (port and starboard) and 2 - #54 self-tailers as primaries for the headsail and spinnaker sheets. *Resolve*'s are manufactured by Lewmar. Jon and Marylyn were nice enough to leave us a bag of pawl springs and a maintenance pack that contained instructions, grease, oil, and a brush.

Since I had never taken a winch apart before, my first order of business was to familiarize myself with the internal components. The best place for non trial and error research of this kind is the internet. I went to Lewmar Marine's web site and found 2 very interesting pages. One is maintenance and the other is spares. I have listed the links below:

[http://en.lewmar.com/products/index.aspx?lang=1&page\\_id=562](http://en.lewmar.com/products/index.aspx?lang=1&page_id=562)

[http://en.lewmar.com/products/index.aspx?lang=1&page\\_id=563](http://en.lewmar.com/products/index.aspx?lang=1&page_id=563)

There is also a page where you can download detailed cad drawings but the above turned out to be sufficient information.

Did you know that you should service your winches 2 or 3 times during the normal sailing season, at the end of the year and then again at the start of the next season????? Neither did I.....

The next thing I did was ask around for secrets, tricks, helpful hints, etc from anyone who would talk to me. With a lot of small parts and pieces under the drum, the best advice I received is to cut a hole in the bottom of a cardboard box the size of the bottom of the drum and disassemble the winch in that box so any “jumpers” (those parts that are just aching to go for a swim) will be safely captured inside the box.

Another was to soak the parts in diesel fuel to clean them. Diesel will not only act as a grease cutter but will also add a bit of lubrication to the internal parts.

I decided to tackle one winch at a time. This way, I had one still completely assembled when the instructions in the booklet failed to show one of the parts or show clearly how to reassemble the components. Believe me, this really happened. I first chose one of the smaller #40's to disassemble and take home to the comfort of my basement to clean. I then began to remove all of the components, making mental as well as some other notes as to how these things went together. There is no need to remove the stem assembly from the boat. It is easily cleaned in place and a rag wrapped and taped around it will keep it clean until the other components were ready.

I fabricated a make-shift "parts washer" out of a large plastic kitty litter bottle by cutting a large square hole in one side. I submerged the parts in diesel fuel and waited a day for them to soak. Over the next few days, my favorite tools became an old toothbrush, Q-tips, and a small jeweler's screwdriver to use as a scraper. It is amazing just how hard and gummy grease can get after a while.

For the plastic parts of the self-tailer, I used 303 Aerospace Protectant to clean and protect them from the sun.

Once the parts were clean, I reassembled the components, oiling where oil was called for and greasing where specified. I then placed them in a

box to take back to Resolve. To reassemble, I reversed my steps and relocated the gears, spindles, roller bearings, etc to the winch's center stem. Topped it all off with the drum and the stripper assembly for self tailing and she was done. A quick spin with my hands told me she was assembled correctly and it was time for a cold frosty one to celebrate a job well done. One down.....3 more to go.

At the time of this writing, we are soaking the components of the last #54. ☞

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## **Membership renewal**

**Mike Davis, Secretary**

If this article appears in your copy of the newsletter, it's because our Treasurer, Diane Benyus has not received your dues for 2009. If you have paid your dues, please contact Diane as soon as possible.

If you have not paid your dues, please review the information in the Membership Renewal Form you should have received in December and correct anything that is wrong or missing. This will be the information we use to contact you and to list in the Member Directory.

After checking the information, staple your check to the bottom of the form and fold, staple/tape, stamp and mail it to Diane.

If you do not have a form, let me know and I can send a replacement. ☞

## Proposed Schedule for 2009

<b>Date</b>	<b>Event</b>	<b>Location</b>	<b>Captain</b>
Feb 21	Member Meeting	Doyle Sail/ Boatyard Grill, Eastport, MD	Bob Klimek and Lucia Casale
Mar 28	Wine Tasting	Winery at La Grange, Haymarket, VA	Mike and Bev Davis
Apr 19	Brunch	Hellas Restaurant, Millersville, MD	Mike Vaccaro and Debbie Smith
May 2	Icebreaker	Quietwaters Park, Annapolis, MD	Richard Schatz and Diane Benyus
May 23-25	Memorial Day Weekend Cruise	Baby Owl Cove/ 2nd location TBD	TBD
Jun 6-7	Full Moon Raft-up	Rhode River	Mario Taisch and Marie Yates
Jun 13-14	Raft-up	Solomons Island	TBD
Jun 13-28	Two-week Cruise	Multiple Locations	Gerry and Jeanne Helldorfer
Jul 3-5	4th of July	Leeds Creek/ 2nd location TBD	TBD
Jul 25-26	Baltimore Cruise	Baltimore Inner Harbor	Bryan Armentrout and Kim Wolkins
Aug 15-16	Crab Feast	Masthead, Oxford, MD	TBD
Sep 5-7	Labor Day Weekend	Langford Creek/ 2nd location TBD	TBD
Sep 26-27	Oktoberfest	Lake Ogleton	Wayne and Joan Savage
Oct 31- Nov 1	Halloween Raft-up	Mill Creek (Annapolis)	TBD
Nov 14	Member Meeting	Havre de Grace	Mike Vaccaro and Debbie Smith
Dec 5	Holiday Party	Van Tassell Landing	Jon and Marilyn Van Tassell



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